

Gary D. Salyer, Ph.D

Creator of the Safe to Love Again™ Process



Introduction:

Did you know most relationship problems are a result of not being safe with love? There are two basic things that stop us in relationships; either fear or rules of belonging. Did you also know that 97% of our brain is devoted to scanning our environment for safety? The 3% that listens to 'relationship coaching' needs help if it is to change our destiny with love. We need something deeper than coaching or advice.

Every act of sabotage is actually, a rescue operation for some early part of our brain. **The Safe to Love Again™ Process** starts with understanding how primitive brain states create predictable problems for love. There are also missing 'rights' that need restored. Some family systems have rules about love that often limit us as well. **Do you know which brain states and missing rights are stopping you from having lasting love?**

Presentation Topics:

"Safe to Love Again" - Why and How Painful Relationships Get Automated and What We Can Do to Create Safer Experiences with Love

Psychology Today states that you should "manage your feelings...with state-of-the-art technologies." The **Safe to Love Again™ Process** does exactly that.

Dr. Gary explains why so many unwanted emotional states are the result of how our brains evolved from millions of creatures. Gary then demonstrates how we can use this knowledge to begin having better experiences in love and relationships. You will learn:

- ❖ Your human self is always managing an 'inner zoo'
- ❖ Ways to create better 'inner zoo' states
- ❖ How painful experiences in love get automated
- ❖ Why our brain always creates an experience that is 'safe' and how to align that safety with better love

Finding Mr. or Ms. Rights

Who are you looking for? What makes for a great relationship? Early in life we are given certain 'rights.' If any of these rights are damaged, it creates predictable problems and patterns in relationships. You will learn:

- ❖ The six rights we need for successful relationships
- ❖ Love patterns that speak of tell tale missing rights
- ❖ A better way to choose partners than 'chemistry'
- ❖ How to restore missing love rights

Releasing the Pain of Past Relationships

Love is like a garden. Yet, we can't plant a garden in a toxic landfill and expect it to grow, now can we? When we keep our pain close, it is impossible to keep love alive, let alone attract a soul mate. You will learn:

- ❖ Why our brains always look for pain
- ❖ How grievances are the number one enemy of love
- ❖ Ways you can release past pain or fears and attract your soul mate

Booking an Event:

If you are a meeting planner, program chair or booking speakers for events then you'll find Gary's topics to be ideal for an audience of professional women & men in their 30's – 60's. Gary can tailor his presentations from 30 minutes to a full day or more. He'll make every minute engaging, informative & interactive. To book Gary, **call 510-230-7949 or write him at gary.salyer@gmail.com**. Read more about Dr. Salyer at www.garysalyer.com.

Biography:

Gary D. Salyer, Ph.D is the creator of the **Safe to Love Again™ Process** for discovering how to be safe with love even though it's scary. A former graduate professor, he is the author of the forthcoming book, *Safe to Love Again: How to Release the Pain of Past Relationships and Attract Your Soul Mate*. Gary comes to relationship coaching as a certified Master Neuro-Linguistic Programming (NLP) Practitioner. He also incorporated Bert Hellinger's "Family Systems" approach into his work with an interest in helping people change the way their generational lineage unfolds in their lives. His specialty is helping people understand what stops them from having the love they want, so they can attract the soul mate they deserve.

"Gary Salyer, Ph.D. not only inspires but actually shows you how to make your relationship dreams a reality. Gary is a dynamic speaker, illuminating the potential in all of us." – Pam Whitman, MA, Performance Coach

"I had the opportunity to hear Gary Salyer speak at a conference and he owned the room! Gary shared both his passion and genuine heart; offering to even the doubters that it is indeed safe to love again." – Blaze Lazarony, Transformational Business Coach

"Not only did Gary's talk, "Safe to Love Again" go beyond what I personally hoped for, but it intrigued and empowered a large audience in a way that few speakers who come to the Bright Side of Life can. Dr. Gary Salyer is a fascinating speaker on a definite mission to teach our generation how to be safe with love again. Gary is welcome to speak The Bright Side of Life anytime he wants." – Sahar Kordahi, CEO at The Bright Side of Life Women's Gathering